

APPLE - BAGEL SANDWICH

1/2 bagel

1 slice of Cheddar cheese cut in a round shape with a hole in the middle

1 apple (green is better)

Cinnamon

Serves 1 (for additional people, make more!)

K kids can do

A adults can do

- K** 1. Put the cheese slice on top of the bagel half.
- A** 2. Slice the apple to make a round shape.
Cut out the core and seeds to match the shape of the bagel.
- K** 3. Put the apple slice on top of the cheese and sprinkle some cinnamon on top.
- A** 4. Put in the oven for 5-10 minutes at 350°F
- K A** 5. Watch to make sure you don't burn it! It's done when the cheese starts to melt.
- A** 6. Remove from oven.
- K** 7. Allow to cool, and enjoy!
- K A** 8. Eat while warm!